

WEEK 1 MENU

W/C: 12/09 03/10

MONDAY


TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main 1	Cheese and Tomato Pizza served with Potato Wedges  	Creamy Chicken Korma served with Rice 	Roast Chicken with Roast Potatoes and Gravy	All Day Breakfast served with Potato Wedges Fluffy scrambled eggs, bacon, baked beans & potato wedges	Fish Fingers served with Chips and Baked Beans
Hot Main 2	Veggie Burrito    A soft wrap filled with lightly spiced veggies and rice	Macaroni Cheese 	Sweet Potato and Chickpea Loaf with Roast Potatoes and Gravy  	Quorn Hotdog served with Potato Wedges  Served in a soft white finger roll	Quorn Dippers served with Chips and Baked Beans 
Pasta	Tomato Pasta    A rich homemade tomato sauce with wholewheat pasta	Tomato Pasta    A rich homemade tomato sauce with wholewheat pasta	Tomato Pasta    A rich homemade tomato sauce with wholewheat pasta	Tomato Pasta    A rich homemade tomato sauce with wholewheat pasta	Tomato Pasta    A rich homemade tomato sauce with wholewheat pasta
Jacket Potato	Jacket Potato  With a choice of hot & cold fillings	Jacket Potato  With a choice of hot & cold fillings	Jacket Potato  With a choice of hot & cold fillings	Jacket Potato  With a choice of hot & cold fillings	Jacket Potato  With a choice of hot & cold fillings
Sandwiches	Ham or Cheese Sandwiches served on 50/50 Bread	Ham or Cheese Sandwiches served on 50/50 Bread	Ham or Cheese Sandwiches served on 50/50 Bread	Ham or Cheese Sandwiches served on 50/50 Bread	Ham or Cheese Sandwiches served on 50/50 Bread
Vegetables	Green Beans and Sweetcorn	Fresh Broccoli and Peas	Fresh Carrots and Savoy Cabbage	Fresh Broccoli and Sweetcorn	Fresh Carrots and Peas
Desserts	Raspberry Ripple Ice Cream 	Secret (Hidden Veg) Brownie 	Vanilla Shortbread 	Pineapple Upside Down Cake served with Custard  	Chocolate and Raspberry Swirl Cake 

 All dessert offerings served with fresh cut Fruit slices

SPRING/SUMMER 2022

PACKED LUNCH-AVAILABLE DAILY

HAM OR CHEESE SANDWICH OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YO YO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main 1	Cheese and Tomato Pizza served with Garlic Dough Balls	Pork Sausages served with creamy Mashed Potatoes & Gravy	Roast Turkey with Roast Potatoes and Gravy	Beef Lasagne served with a Garlic & Herb Bread	Fish Fingers served with Chips and Baked Beans
Hot Main 2	Veggie Bolognese A rich veggie bolognese sauce served with wholewheat penne	Veggie Burger served with Potato Wedges A delicious veggie burger, in a soft white bap with ketchup.	Creamy Vegetable Pie with Roast Potatoes and Gravy Mixed vegetables in a creamy sauce topped with a cheesy shortcrust pastry	Mild Chickpea and Potato Curry served with Rice	Quorn Dippers served with Chips and Baked Beans
Pasta	Tomato Pasta A rich homemade tomato sauce with wholewheat pasta	Tomato Pasta A rich homemade tomato sauce with wholewheat pasta	Tomato Pasta A rich homemade tomato sauce with wholewheat pasta	Tomato Pasta A rich homemade tomato sauce with wholewheat pasta	Tomato Pasta A rich homemade tomato sauce with wholewheat pasta
Jacket Potato	Jacket Potato With a choice of hot & cold fillings	Jacket Potato With a choice of hot & cold fillings	Jacket Potato With a choice of hot & cold fillings	Jacket Potato With a choice of hot & cold fillings	Jacket Potato With a choice of hot & cold fillings
Sandwiches	Ham or Cheese Sandwiches served on 50/50 Bread	Ham or Cheese Sandwiches served on 50/50 Bread	Ham or Cheese Sandwiches served on 50/50 Bread	Ham or Cheese Sandwiches served on 50/50 Bread	Ham or Cheese Sandwiches served on 50/50 Bread
Vegetables	Fresh Carrots and Sweetcorn	Fresh Broccoli and Peas	Fresh Carrots and Savoy Cabbage	Green Beans and Sweetcorn	Fresh Carrots and Peas
Desserts	Oaty Flapjack	Orange Shortbread	Raspberry Yoghurt Cake	Peach Slice	Vanilla Ice-Cream

All dessert offerings served with fresh cut Fruit slices

SPRING/SUMMER 2022

PACKED LUNCH-AVAILABLE DAILY

HAM OR CHEESE SANDWICH OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YO YO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice

WEEK 3 MENU

W/C: 05/09 26/09 17/10



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main 1	Vegetable Supreme Pizza served with Potato Wedges Cheese and Tomato Pizza with sweetcorn & peppers	Chinese Chicken Noodles	Roast Pork with Roast Potatoes and Gravy	Cottage Pie	Fish Fingers served with Chips and Baked Beans
Hot Main 2	Veggie Sausage served with creamy Mashed Potatoes & Gravy	Veggie Balls in Tomato Sauce served with Wholewheat pasta	Quorn Roast with Roast Potatoes and Gravy	Veggie Lasagne served with a 50/50 Bread Wedge	Soft Taco with Mild Tomato Chilli with Chips and Baked Beans
Pasta	Tomato Pasta A rich homemade tomato sauce with wholewheat pasta	Tomato Pasta A rich homemade tomato sauce with wholewheat pasta	Tomato Pasta A rich homemade tomato sauce with wholewheat pasta	Tomato Pasta A rich homemade tomato sauce with wholewheat pasta	Tomato Pasta A rich homemade tomato sauce with wholewheat pasta
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Sandwiches	Ham or Cheese Sandwiches served on 50/50 Bread	Ham or Cheese Sandwiches served on 50/50 Bread	Ham or Cheese Sandwiches served on 50/50 Bread	Ham or Cheese Sandwiches served on 50/50 Bread	Ham or Cheese Sandwiches served on 50/50 Bread
Vegetables	Fresh Carrots and Peas	Fresh Broccoli and Sweetcorn	Fresh Carrots and Savoy Cabbage	Green Beans and Sweetcorn	Fresh Carrots and Peas
Desserts	Oat Biscuit	Apple and Carrot Yoghurt Muffin	Strawberry Ice Cream	Chocolate Sponge Cake	Crispy Crackle Bar

All dessert offerings served with fresh cut Fruit slices

SPRING/SUMMER 2022

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AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice